

Job Posting: Fabulous 40s Discussion Group Co-Facilitator (Two

Positions)

Posting Date: July 11, 2024

#### **About Spectrum**

Spectrum is an organization that serves, affirms, and supports the well-being of 2SLGBTQ+ individuals in Waterloo Region and the broader community through peer support, community partnerships, education and training, resources, and events.

#### **About the role**

The Fabulous 40s Discussion Group is a new Spectrum program. It will meet once per month from 7-9pm at Spectrum on a date to be determined based on the Co-Facilitators' availability. This group is for adults aged 40-49 in Waterloo Region who identify as 2SLGBTQIA+. The Co-Facilitators will facilitate a two-hour discussion group once per month. The group's goal is to build resilience by increasing participants' social networks and sense of belonging.

The Co-Facilitators will be paid \$30 per hour for three hours of work each month the group runs (two hours for the group itself, and one hour for preparation and clean-up). This is a one-year contract with the possibility of renewal.

Co-Facilitators will require social and group facilitation skills and demonstrated empathy and sensitivity to the subject matter. Facilitators will be expected to welcome visitors, introduce them to others present, inform them of Spectrum resources if fitting, and facilitate and direct the conversations when necessary.

## **Responsibilities & Requirements**

- Social and group facilitation skills
- A genuine interest in people and their stories
- Emotional intelligence and emotional regulation
- Ability to make others feel comfortable and create a welcoming space welcome of all
- Active listening skills, being comfortable listening more than speaking
- Help to develop discussion topics for the group.
- Help to evaluate the success of the group by circulating evaluation surveys to group participants at the end of each session.
- Able to sit for prolonged periods
- Able to use a computer and/or cell phone for prolonged periods (including typing and
- reading)
- Able to travel to locations within Waterloo Region

### **Qualifications**

- Must identify as 2SLGBTQIA+ and be aged in their 40s
- Excellent communication skills

• Must have a successful police check for the vulnerable sector that is no more than six months old. Spectrum will cover the cost of a new check as needed.

# **Application**

Please apply with a cover letter and resume to <u>info@ourspectrum.com</u> by July 31, 2024. Subject line: APPLICATION: FABULOUS 40S CO-FACILITATOR.

We appreciate all applications. Only those selected for an interview will be contacted.